

International Competitions	UKTA Competitions	Other Competitions
Black Belt course/seminar/grading	Squad Training	Others

Events & Training 2009

January 7th Wednesday 18:00-20:00	Ely School - first class back	Western Leisure Centre
January 9th Friday 19:00	ITF Wales Awards Night	RAFA Club, Ely
January 11th Sunday 10:00-12:00	National Squad Training	Heath Hospital Sports Hall
January 25th Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
February 1st Sunday 08:45	Grand Prix VII stage I	Eastern Leisure Centre
February 8th Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
February 11th Wednesday	Ely School -grading	Western Leisure Centre
February 22nd Sunday 10:00-12:00	National Squad Training	Heath Hospital Sports Hall
March 6-8th	UKTA black belt grading	Scotland
March 15th Sunday 10:00-12:00	National Squad Training	Heath Hospital Sports Hall
March 22nd Sunday 09:00	UKTA Regional Seminar	Heath Hospital Sports Hall
March 28th Saturday 09:00	UKTA Scottish Open	Inverness
April 5th Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
April 8th Wednesday	Ely School -grading	Western Leisure Centre
April 18th Saturday 13:30-17:30	Ely School – fund raising	Asda, Cardiff Bay
April 19th Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
April 26th Sunday 10:00	UKGT Welsh Open	Merthyr Tydfil Leisure, CF48 IUT
May 3rd Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
May 10th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
May 12-18th	European Championships	Zrece, Slovenia
May 27th Wednesday	Ely School -grading	Western Leisure Centre
June 2nd Tuesday 19:00-21:00	National Squad Training	Western Leisure Centre Main Hall
June 9th Tuesday 19:00-21:00	National Squad Training	Western Leisure Centre Main Hall
June 27th Saturday 09:00	UKTA English Open	K2, Crawley
July 5th Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
July 12 th Sunday 09:00	UKTA Regional Seminar	Heath Hospital Sports Hall
July 19th Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
July 22nd Wednesday	Ely School -grading	Western Leisure Centre
August 2nd Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
August 6 th Thursday	Ely Skittles night fund raiser	Llandaff North Rugby Club
September 2nd Wednesday	Ely School -grading	Western Leisure Centre
September 4-6th	UKTA black belt grading	Shawlands Academy, Glasgow
September 12th Saturday 13:30-17:00	Ely School – fund raising	Asda, Cardiff Bay
September 13th Sunday 10:00-12:00	National Squad Training	WIS Jubilee Hall Sophia Gardens
September 26th Saturday 09:00	UKTA Welsh Open	NIAC, UWIC Cardiff
September 27th Sunday 09:00	UKTA Regional Seminar	Llanedeyrn High School
October 4th Sunday 10:00-12:00	National Squad Training	WIS Upper Hall Sophia Gardens
October 11th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
October 12-19th	World Championships	St Petersburg, Russia
October 22nd Wednesday	Ely School -grading	Western Leisure Centre
October 25th Sunday 08:45	Grand Prix VII stage III	Eastern Leisure Centre
November 1st Sunday 10:00-12:00	National Squad Training	WIS Jubilee Hall Sophia Gardens
November 7th Saturday 09:00	UKTA UK Open	Kelvin Halls, Glasgow
November 15th Sunday 10:00-12:00	National Squad Training	Llanedeyrn High School CF23 9US
November 21st Saturday 19:00	UKTA Dinner & Awards	Manchester
November 28th Saturday	Four Nations Tournament	Dublin

<i>December 2nd Wednesday</i>	<i>Ely School -grading</i>	<i>Western Leisure Centre</i>
<i>December 5th Saturday 09:00</i>	<i>RITA National Open</i>	<i>TBC</i>
<i>December 12th</i>	<i>III ITF Pro tournament</i>	<i>Zagreb, Croatia</i>
<i>December 14th Monday 18:30</i>	<i>ITF Wales AGM</i>	<i>Llanedeyrn High School</i>
<i>December 19th Saturday</i>	<i>Last Ely class of 2009</i>	